

**Pregnancy diabetes test
One hour glucola screening test**

This is a screening test for diabetes in pregnancy and is offered
between 26-28 weeks of pregnancy

Patient Name _____

1. You **MUST** bring this requisition with you to your appointment.
2. Eat meals as you would normally prior to drinking the glucola.
This drink may taste better chilled but cannot be served on ice.
3. Drink the glucola, **finishing the entire bottle within 5 minutes**. Write down the time you finished your drink on the bottom of this form.
4. Do not eat or drink anything except water until your blood test is completed.
5. You need to return to the office **30 minutes** after the time you finish the drink and **check in at the front desk**. Your blood must be drawn 60 minutes after you finished the drink. **You must be on time, if you arrive late, you may have to repeat the glucola drink on another day!**

Time I finished the drink...._____ A.M. or P.M.

6. The lab in our office is open Monday-Friday 9 A.M. to 5:00 P.M.
Do not check in later than 4:30 PM for your blood draw. If you need an earlier or later time, please call the office at **(503) 491-9444** to schedule a better time.
The office lab is not open on weekends.
7. Please recycle your bottle or bring it with you.